

## A New On-Line Program

Wednesdays from June 17th, 10 am - 12 pm

# *Braiding Our Stories, Weaving Our Lives Writing the Lyric Essay*



*What is new is not what we tell, but how we tell it. The lyric essay is one way to do this: it demands (or perhaps gently asks, with a knowing smile) that we stay awake to the chance associations and intuitive connections that make life bearable and to create those very connections through the act of writing.*

*Brenda Miller, "A Braided Heart: Shaping the Lyric Essay"*

The lyric essay is a beautiful form of creative nonfiction that combines elements of memoir and personal essay, poetry and sometimes scholarly research. This is an exciting and creative way to write about our lives and the wider world around us, and we recreate the form each time we write. Susan Griffin observes, "At its best, the lyric essay accurately locates the writer in the 'great soup of being' — the confusions of lived time, the jagged shape of thought, the betrayals and silences of the body." In the course of this eight week program we will explore its possibilities and braid the stories of our lives into a lyric essay. Weekly sessions will include writing together, guided visualization, discussion of several published lyric essays, and time for reading out loud in the group (optional).

**Dates:** Mondays from June 17th, 10 am - 12 pm  
(June 17, 24, July 1, 8, 15, 22, 29, August 5)

**Location:** Zoom platform. Details will be sent to registrants.

**Registration:** \$435 CAD in Canada (e-transfer or personal cheque)  
\$435 USD outside Canada (bank/wire transfer, bank draft, or personal cheque)

To register, please call or email Marlene. 604.734.3554 or [schiwy3@shaw.ca](mailto:schiwy3@shaw.ca)

Dr. Marlene Schiwy has been conducting writing workshops and Jungian seminars for three decades. Marlene lives in Vancouver where she teaches Women's Writing Circles, residential Body Soul Writing Retreats, and Body Soul Sundays, a nine month Jungian expressive arts program for women. She also works one-to-one with individuals who want to explore their dreams and creative process. Marlene is the author of several books and many articles. Her most recent book is *Gypsy Fugue: An Archetypal Memoir*.

Caravan Workshops and Seminars  
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