



A Marion Woodman Foundation Affiliated Workshop



Body Soul Sundays

A Nine Month Jungian Program for Women
September 2014 to May 2015

Body Soul Sundays is an intensive monthly program of immersion in the mysteries of the deep feminine. Women today do not have the ancient Eleusinian or Dionysian mystery rites to support us as we ripen into life. In our longing for eternal youth, we may miss the beauty of our soul's journey. We have no time for the soulwork required of us, no time to feel the archetypal energies of Mother, Virgin, and Crone ripple through our bodies and souls. Sometimes we may feel that we are full of unlived life.

With the ancient and beautiful myth of Demeter and Persephone as the ground of our exploration, we will embark on a symbolic journey to the mother-daughter mysteries at the heart of our own lives, and ponder what it means for us, as women today -

- To lose what is most precious to us and wander the earth for nine days, inconsolable with grief, as Demeter
- To be dragged into the Underworld by Hades, cut off from everything we have known and loved, as Kore
- To bear witness to the anguish of Demeter and Kore at the crossroads of two worlds, as Hecate
- To return from the Underworld transformed and know, for the first time, who we are, as Persephone

During this workshop cycle we will enter the realm of soul-making – through myth and ritual, dreamwork and writing, music and movement, art and voicework, poetry and psychodrama. Readings from Jung will provide a solid grounding for our experiential work, and films on Marion Woodman will bring her Crone presence into the group.

Dr. Marlene Schiwy is an experienced workshop leader, Jungian counselor, author, and university professor, with extensive background in literature and writing, music and movement. She completed Marion Woodman's Leadership Training Program in 2004 and did extensive post-graduate studies at the International School for Analytical Psychology in Zurich from 2005 – 2007. Dr. Schiwy will be joined by guest instructors who are also graduates of Marion Woodman's Leadership Training Program. Please check the website below for additional information.

Dates: September 2014 – May 2015, one Sunday each month, beginning September 21st

Cost: \$1175 before August 1st (\$1295 after August 1st), all-inclusive fee.

Location: The TK Gallery, Vancouver Maritime Museum in Vanier Park, 1905 Ogden Avenue (Kits Beach). Parking is included in the registration fee.

Please contact Marlene Schiwy for more information.

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