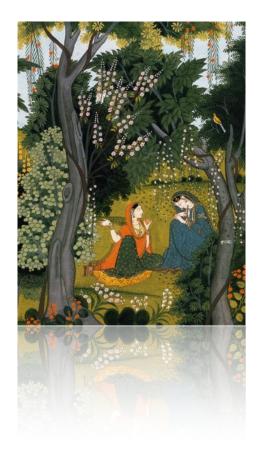
Eighth Annual "Jung in the Yurt"

A Weekend Body Soul Writing Workshop April 8 & 9, 2017

Braiding Our Stories, Weaving Our Lives Writing the Lyric Essay



What is new is not what we tell, but how we tell it. The lyric essay is one way to do this: it demands (or perhaps gently asks, with a knowing smile) that we stay awake to the chance associations and intuitive connections that make life bearable and to create those very connections through the act of writing.

Brenda Miller, "A Braided Heart: Shaping the Lyric Essay"

The lyric essay may combine elements of memoir and personal essay, poetry and sometimes scholarly research. The form is infinitely flexible. Come and join us as we explore the synchronicities and intuitive connections, the threads and strands of story of which our lives are woven. Through gentle movement, guided meditation, dreamwork, and active imagination, we will find a theme or image that invites our deeper attention, and begin to braid the stories of our lives into a lyric essay.

Bring a dream (or two), a quote or poem that you love, and a large journal or sketchbook. This is a beautiful and creative way to write about our lives and the wider world around us.

Dates: Saturday, April 8th & Sunday, April 9th, 10am-4 pm

Location: Courtenay, B.C. Contact Sally for details.

Registration: Before March 20th: \$275 After April 1st: \$300

(Includes lunches, vegetarian and gluten-free)

To register: Please contact Sally Turner at 250-338-9123

extremelysally@gmail.com

Dr. Marlene Schiwy has been conducting writing workshops and Jungian seminars for more than twenty five years. She lives in Vancouver where she teaches Women's Writing Circles, Body Soul Writing Retreats, and Body Soul Sundays. She also offers individual consultation focusing on body soul writing and dreamwork. Marlene is the author of two books and a new book, Gypsy Fugue, is in production.