



Body Soul Sundays

A Nine Month Jungian Program for Women

September 2008 to May 2009

Body Soul Sundays is an intensive monthly program of immersion in the mysteries of the deep feminine. Women today do not have the ancient Eleusinian or Dionysian mystery rites to support us as we ripen into life. In our longing for eternal youth, we may miss the beauty of our soul's journey. We have no time for the soulwork required of us, no time to feel the archetypal energies of Mother, Virgin, and Crone ripple through our bodies and souls. Sometimes we may feel that we are full of unlived life.

Taking the myth of "Amor and Psyche" as the ground of our exploration, we will ponder the meaning of Psyche's four tasks on her journey to conscious femininity and relationship. What does it mean for us as women today, to –

- Sort through a mountain of tiny seeds before nightfall
- Seize a handful of golden fleece from a dangerous ram
- Obtain a crystal goblet filled with water from the treacherous river Styx
- Journey into the underworld and bring back a cask of beauty ointment from Persephone, queen of mysteries?

During this workshop cycle, we will enter the realm of soul-making - through myth and ritual, dreamwork and writing, music and movement, art and voice work. Readings from Jung will provide a solid grounding for our experiential work, and films on Marion Woodman will bring her Crone presence into the group. Enrolment will be limited to twelve.

Dr. Marlene Schiwy is a Jungian analytic therapist, author, university professor, and workshop leader, with an extensive background in literature and writing, music and movement. She completed Marion Woodman's Leadership Training Program in 2004 and teaches many MWF Affiliated Workshops in Canada and abroad. From 2005 - 2007 she studied at the International School for Analytical Psychology in Zurich. Marlene will be joined by guest instructors who are also graduates of Marion Woodman's Leadership Training Program, including Ursula Carsen, Dale Genge, and Heather Miller. Please check the website below for additional information.

Dates: September 2008 – May 2009, every fourth Sunday from 2-6 pm, beginning Sept. 21st.

Cost: \$1195 (\$1075 before August 1st). Includes all workshop materials, art supplies, and refreshments.

Location: St. James Community Square, 3214 10th Avenue West, Vancouver, BC

Please contact Marlene Schiwy for more information.

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